Comunity News Office Local Events, Local People and Local Businesses

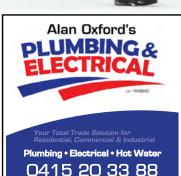
SEE PAGE 25

POSITIVE EARTHMOVING

Rock Walls Built All types of Excavations

0418 26 16 76

mbpetith@hotmail.com Est. Over 40 years





KATERS



COMMUNITY NEWS

THIS IS WHO WE ARE AND WHAT WE LOVE

It's easy to love living in the Hills and Hawkesbury region and it's great to work here.

COVID-19 restrictions have kept us all closer to home than ever before so we have all become better at exploring where we live and appreciating what we have around us. Walking has become a huge part of Lockdown, picnics are popular and creativity has been hard at work with colourful spoon families, painted rocks and pavement art appearing everywhere.

We would love to hear from you about what you love about living in the area please email us at contribute@hillstohawkesbury.com.au.

The Hills to Hawkesbury team jotted down what they love best. Some were based on pre-Lockdown memories!

"There is beautiful scenery here and bushwalks with some amazing fauna and flora. There are also high quality schools, both public and private, great childcare options and lots of after-school activities, creative and sporty. It's a great place to live."

~Diana Paton

"I love how many great parks and walks there are in the area and I am spoiled for choice when it comes to finding good coffee and great food venues from Richmond to Winston Hills and all suburbs in between." ~Bev Jordan

"The sense of community, the love of sport, animals and the history that is around is hard to match and the dedicated volunteers who take pride in keeping the area cleaner, safer and enjoyable for all are standouts for me." ~Lawrence Machado "This is such a great area for kids to grow up in. It has good schools, great parks and dog parks (for those of us with four-legged friends) plus lots of bushland. I also love the shops and finding new outlets!" ~Karen Taylor

"I love the scenic beauty of the Hawkesbury, the semi-rural and family friendly areas of the Hills and the history of the Hills and Hawkesbury region. I am proud that I have been part of this great community for almost 40 years." ~lvor Jones

To find some great walks in the area visit either www.thehills.nsw.gov.au/Venues/Parks-Recreation/ Tracks-Trails or www.discoverthehawkesbury.com.au/adventure/bushwalks

Hills to Hawkesbury

Community News Local Stories, Local Events, Local People and Local Businesses



DIANA PATON PUBLISHER contribute@ hillstohawkesbury.com.au 0408 011 193



EDITOR/JOURNALIST bev@ hillstohawkesbury.com.au

0439 034 187



ADVERTISING advertise@

hillstohawkesbury.com.au 0499 040 726 Owner: Compton Media Group Publisher: Diana Paton, Adelphi Printing Pty Ltd ATF Paton Family Trust



LAWRENCE MACHADO JOURNALIST lawrence@ hillstohawkesbury.com.au 0403 798 686



IVOR JONES CONTRIBUTOR ivor.jones47@ optusnet.com.au

The Hills to Hawkesbury Community News has been serving this area for nearly 40 years. It's name may have changed over the decades but the commitment to providing a free service to the community is still at the heart of what this hyper local fortnightly publication does. Established in 1982 it has evolved into a community news magazine with a big digital footprint. Our aim is to inform, inspire and connect our community. It is a family-owned small business. Our team is local and love what they do.

Please follow us on Facebook *@hillstohawkesbury*. Printed copies are available at local shopping centres and other outlets. For a full list visit our website *www.hillstohawkesbury.com.au*.











DAM WALL RISING BY BEV JORDAN

Residents living near the Hawkesbury River are being urged to have a say on the Environmental Impact Statement (EIS) announced last by WaterNSW, on raising the height of the Warragamba Dam wall.

The EIS is based on the Hawkesbury-Nepean Valley Flood Risk Management Strategy– Resilient Valley, Resilient Communities, a long-term plan to minimise significant risks to life and livelihoods and damage to urban and rural property which was released by the State Government in May 2017.

The EIS summary states that raising the dam wall by 14 metres will reduce the risk to life and reduce flood damage downstream by 75 per cent.

The EIS is on public exhibition until November 12th and there are several webinars being held between October 12 and November 4th.

Warragamba Dam, which has a 142-metrehigh wall, took 12 years to build from 1948 to 1960. The dam wall was strengthened and raised by five metres in the 1980s to meet contemporary dam safety standards.

In 2002, a 700-metre-long auxiliary spillway was completed to ensure dam safety in extreme

COMMUNITY NEWS

and rare flood events and to bring the dam up to NSW Dams Safety Committee standards.

Hawkesbury City Council has welcomed the release of the EIS saying it will enable the community to understand the potential impacts the project would have on the Hawkesbury region, as well as upstream from the dam.

Hawkesbury City Mayor Patrick Conolly said: "As a region downstream from the dam we need to be very mindful of the potential impacts from flooding, and the impacts to the environment."

The flooding earlier this year left Hawkesbury City Council with a damage bill of well over \$30 million including \$24million-worth of damage to roads and bridges.

Council's damage bill also includes \$2.4million in building assets, \$3.4 million in park assets and \$1.1million in sewer assets. www.planningportal.nsw.gov.au/major-projects/ project/10571.

Council will now review the EIS and will consider its formal position on the project in time to make a submission to WaterNSW.

Environmental groups have raised concerns about the impact inundation will have on a world heritage area and critically endangered species.

To view the EIS and make a submission visit www.waternsw.com.au/wdr. WaterNSW will also be hosting a series of online information sessions during the exhibition period. www. waternsw.com.au/projects/greater-sydney/ warragamba-dam-raising



ENQUIRIES WELCOME Please Phone Patricia for an appointment to inspect PHONE PATRICIA 0447 334 615 or 4571 4545 34 Beaumont Avenue North Richmond 2754 (opposite Panthers North Richmond)

www.riverside-gardens.com.au

OOD SERVICES



CAREFLIGHT RESCUE

A man sustained burns, a chest injury and suspected spinal injuries after falling onto burning logs while conducting backburning on his Lower Portland property on Monday (October 4th).

The man, aged in his 60s, then fell approximately 10 metres down a slope and landed on a tree. The Mounties Care CareFlight Helicopter was tasked at 5pm and landed 20 minutes later within the grounds of a neighbouring property.

BUSH FIRE SEASON

People are being urged to be prepared with the official start of the bush fire season this month. NSW Commissioner Rob Rogers said the major concern was grass fires.

"Grass fires typically move three times quicker than bush fires and can impact on lives and livelihoods with little to no warning," he said. "It is important that we all understand our level of risk and prepare accordingly. Now is the time to review your plans, prepare your properties and have the conversation with your family about what you will do during a fire – talk about when you'll leave, where you'll go, what you'll take and what you'll do with animals."

"Anyone wishing to light a fire during the Bush Fire Danger Period must obtain a free NSW Ambulance paramedics provided initial treatment for the man and Fire and Rescue NSW were on scene to manage the backburning.

CareFlight's specialist doctor and NSW Ambulance critical care paramedic conducted a clinical assessment on the patient, including an ultrasound, and administered pain relief while undertaking spinal precautions.

CareFlight's medical team provided ongoing treatment for the man as he was airlifted in a stable condition to Royal North Shore Hospital.

permit in addition to notifying their local fire authority and neighbours 24 hours before lighting up," Commissioner Rogers said. "While hazard reductions are an important part of preparations, landholders need to be extremely careful, as escaped burns can lead to heavy penalties. If a fire does escape, make sure you call Triple Zero (000) immediately so that emergency services can respond and minimise the damage."

For details on making a bush fire survival plan visit *www.myfireplan.com.au*. For information about the Bush Fire Danger Period, go to *www.rfs.nsw.gov.au/BFDP*. To notify of your intent to burn, use the online burn notification tool at *www.rfs.nsw.gov.au/notify*.





SW RURAL FIRE SERVICE

1800 NSW RFS 1800 679 737 www.rfs.nsw.gov.au



PUPPIES ON PARADE

Welcome to the latest police "recruits" Cody, Carrie, Carol, Cali, Charger and Coops.

The NSW Police Force announced the arrival of the six German Shepherd puppies after they were named by young patients from the Sydney Children's Hospital.

The four female and two male pups from the 'C litter' were born in May to Bonnie (mother) and Vegas (father) who are members of The Dog and Mounted Command.

The pups are currently being exposed to new environments and experiences as they undergo their foundational training.

Police dogs are used to find missing people, assist in pursuits, detect drugs, explosives and other paraphernalia, and have a variety of other specialist functions which make them an invaluable law enforcement capability.

PROHIBITED WEAPON

An 18-year-old man will appear in Parramatta Local Court charged with Possess Prohibited Weapon (expandable baton), possess prohibited drug and breaching COVID Rules at Castle Hill on September 30th.

Police are urging people to hand in prohibited weapons during the Firearms and Prohibited Weapons amnesty, without penalty.

Anyone with unwanted and unregistered firearms or firearm-related items can legally dispose of or register them at approved drop-off points. There is no cost involved with handing in firearms or related items for destruction, and no personal details are required.

People handing in firearms should contact their local police station and make an appointment to hand them in.

Possessing prohibited weapons carries a penalty of up to 7 years imprisonment.

Prohibited weapons include batons, knuckle dusters, gel guns, sling shots and crossbows.

Read online: www.hillstohawkesbury.com.au

COMMUNITY NEWS

SNAKES ALIVE! NOT TO BE FEARED

The Cade family has been very busy in the past few days catching snakes from North Richmond to Dural and beyond.

Sean Cade set up Australian Snake Catchers with his wife Freya 20 years ago and they have never been busier.

On the long weekend they dealt with 25 call outs including twice to the The Ponds Basketball court, at Jonas Bradley Oval, where a red bellied black snake (Pseudechis porphyriacus) and a female Eastern brown snake (Pseudonaja textilis) were curled up in concrete blocks near the courts.

""We were working with council (Blacktown Council) at The Ponds," said Sean. "The building work down there is disturbing (the snakes)."

Other collections during the week included a large female red bellied black snake found in the pillar housing the mechanism for a Dural property's automatic gates which prevented the repair man going any further.

There was a snake recovered from a spa in Windsor, one under a bin in North Richmond, one from a dog's kennel in Pitt Town and one from a swimming pool in Castle Hill.

"It's breeding season," said Sean.

He said Lockdown meant that people were encountering more snakes simply because they were at home a lot more during the day and also walking more. His advices is "Look down when you are walking, just be aware of the potential for snakes and leave them alone. Snakes are not aggressive. They will just defend themselves."

He said people who found them in their yard or home should keep children and pets away and call for professional help. Some people confused snakes with other reptiles.

"If you are not sure, send us a photo." He urged people not to try and kill the snake. "90% of snake bites happen because someone tries to catch a snake or kill it." If a pet had a snake the best way to deal with it was to hose down the dog and snake rather than try and remove the dog. "If you put your hand down, the snake doesn't know you are trying to rescue the dog."

He said snakes were an important part of the eco-system and vermin control. When caught, they are released back into the bush. He has been catching snakes for 25 years, now he and Freya have been joined by their 20-yearold son Liam.

"My son has been coming with me since he was really little and knows a lot about snakes. We are trying to get as much education information out there as we can to dilute the fear people have of snakes."



Sean Cade with an Eastern Brown Snake (Pseudonaja textilis)

He recommended the Snake Bite Kit sold by the Hawkesbury Visitor's Centre. To follow his work visit the Australian Snake Catchers Facebook Page.

Pet Safety Tips on Page 21

SHOPLIFTING ARREST - MULTIPLE CHARGES

Hawkesbury Proactive Crime Team officers stopped a 31-year-old Riverstone male in the car park of a hardware store in Mileham Street, Windsor just after 12 midday on Saturday September 25th after be

Windsor just after 12 midday on Saturday, September 25th after he allegedly stole tools from the store . Police approached the male as he tried to leave the location. He

resisted police attempts to stop him from leaving and he was placed under arrest. He was taken to Windsor Police Station and charged with Larceny. In addition to this offence, the male was also charged with a similar office involving another hardware store in Vineyard on September 18th.

Other charges of Resist Arrest, two counts of non compliance with the current Public Health Order and two counts of Driving Whilst Disqualified were also laid. He was also charged with Malicious Damage and Intimidation after a Domestic Violence incident at Riverstone on September 2.

DOMESTIC ASSAULT

A 20-year-old Baulkham Hills man will face Parramatta Local Court next month after being arrested for domestic assault, breach of AVO, assault police and malicious damage.

Hills Police responded to a domestic assault at a Baulkham Hills address at 4pm on Tuesday (October 5th) 2021. Police allege that whilst arresting the male, he allegedly assaulted police and resisted arrest. A Court attendance notice has been issued to attend Parramatta Local Court next month.

KNIFE CHARGE

Hills Proactive Police squad arrested a man in possession of a knife near the Showground Metro station at Castle Hill on Sunday (October 3rd). A man with him was arrested for discharging a fire extinguisher at the station.



We're looking for bright and positive people. Loads of opportunities in;

* Production *Logistics

*Admin *Warehouse

Send your resume to: careers@aussiepumps.com.au More details ... aussiepumps.com.au/careers

ΓΟDΑΥ

CLUB SET TO OPEN

Monday (October 11th) marks the day when CHRG hospitality venues, including Castle Hill RSL Club, Club Parramatta and Lynwood Golf and Country Club, as well as Castle Hill Fitness and Aquatic Centre, will be opening.

All patrons are required to check-in and show proof of double vaccination status, as per Government guidelines. All staff are double vaccinated.

David O'Neil Group CEO, CHRG said: "Clubs play an important role in the community – they are places for everyone to meet, greet, grab a bite to eat and importantly, connect with other people. We have missed our employees, members and guests and can't wait to see them back at their local.

"We all have an important role to play in keeping our community healthy and safe. To this end, we have a number of Customer Care initiatives in place to ensure our patrons are comfortably spaced and able to enjoy their time in their favourite venue – whether they are indoors or enjoying our many alfresco areas at each venue," he said. After almost four months of lockdown, CHRG's hundreds of staff are excited to get back to the hospitality and fitness clubs and do what they love. For the vast majority of CHRG's employees, they have been with the group many years, and are familiar faces at the club – with many members checking in regularly as part of their wellness.

"The kindness that we see exchanged daily, between our employees and our members, is heartening. Many of our people live in the community where they work, and there is a genuine care and consideration that underpins the work we do in the community, for the community," said David.

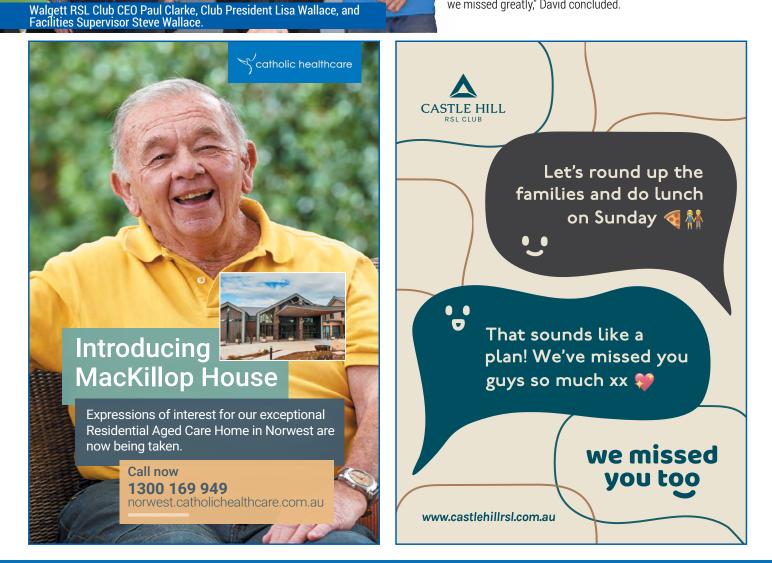
In fact, kindness has travelled a long way in this pandemic and during the lengthy Greater Sydney lockdown it found its way just over 615km, from Walgett to Castle Hill. When the Walgett RSL Club Board heard about closure of CHRG venues for a prolonged period they called to check on the welfare and wellbeing of CHRG's staff.

Remembering how much support CHRG has given Walgett RSL over the years, the Walgett RSL Club Board offered to donate \$2000 worth of gift vouchers to CHRG staff to help them in their time of need. This amazing act of kindness inspired CHRG to make an additional contribution of \$2000, to be able to offer a total of \$4000 worth of gift vouchers – to spread acts of kindness as far as possible.

CHRG employees were invited to nominate their colleagues to become voucher recipients to create a ripple of kindness across the group and recognise those employees who might be doing it tough on their own, in need of a break from home-schooling, or would benefit from additional amenities.

> In the end their gesture resulted in 60 people receiving vouchers, and many additional acts of kindness being paid forward to the community – with many staff continuing the ripple of kindness in their own neighbourhoods.

"During tough times, community is what's important, and we are thrilled to be opening our doors to the whole community – including our people, members and guests who we missed greatly," David concluded.



NEW PREMIER'S LOCAL TIES By BEV JORDAN

The new Premier of NSW Dominic Perrottet knows the Hills to Hawkesbury region well. The father of six became the youngest Premier in NSW history on Tuesday (October 5th), just weeks after his 39th birthday.

He entered State Parliament 10 years ago as the State member for Castle Hill, which he represented for four years (2011 to 2015).

When the electoral boundaries were changed he became the State Liberal member for Hawkesbury (2015 to 2019) seeing him effectively swap seats with Ray Williams. He has been the State Member for Epping since 2019.

Mr Perrottet was elected as Liberal Leader and the 46th Premier of NSW by 39 votes to five votes for Rob Stokes. The former lawyer, who grew up in West Pennant Hills, attended Redfield College Dural and Oakhill College Castle Hill before studying Commerce and Law and the University of Sydney.

He met his wife Helen when they were teenagers and they have six children: Charlotte, Amelia, Annabelle, William, Harriet and Beatrice. Helen Perrottet is a lawyer and has previously worked as a Public Relations Officer for the

Australian Defence Force and was an Australian Federal Police Officer.

> In his first speech as Premier he thanked Helen and their children saying: "Without your love and support I would not be here today" and said he plans to be a "family Premier".

A 2018 photo of Dominic Perrottet with his wife Helen and children: Harriet, William, Annabelle, Amelia and Charlotte before their sixth child Beatrice was born. Photo by Jenny Evans.

NEWS

On Wednesday NSW reached double vaccination of 70%. On the Thursday morning briefing (October 7th) the Premier announced amendments to the COVID-19 Road Map which included:

- Indoor swimming pools to open this Monday. (October 11th)
- Double the number of people (fully vaccinated) will be allowed in homes (up to 10) from Monday and outdoors (up to 30).
- The number of people allowed at weddings and funerals will be increased to 100 (fully vaccinated).
- All students will be back at school by October 25th. Kindergarten children, Year 1 and Year 12 students will return a week earlier on October 18th.
- At 80% the requirement to wear masks in the office will end.

Story continues on page 22

Dominic Perrottet being sworn in as Premier by Governor General Margret Beazley

TEXTBOOK TRADING

Year 10 student Jeffrey Chen has set up a textbook exchange platform with three friends with the aim of saving students and parents money, keeping useful books from landfill and helping a national literacy program.

Textbooks2U was launched a few weeks ago by the Baulkham Hills teenager alongside fellow students, Soren, Ethan and Alex from Sydney Grammar who had been working on it during the extended Lockdown period.

The online platform enables people to sell and buy used textbooks online.

Listing on the site is free. The business takes a commission from each successful transaction and will be donating 10 per cent of its profits to the Australian Literacy and Numeracy Foundation (ALNF).

Jeffrey says the rest of the money will be reinvested into the business at this stage.

"Brand new textbooks are quite expensive and they are only used for a year. We saw an opportunity to provide people with an option," said Jeffrey. "We want to make it the "go to place" for textbooks."

So far they have \$2100-worth of textbooks listed on the site and 70 active members. "The books are between 50 to 60 per cent off the standard retail price," said Jeffrey. The aim of the four budding entrepreneurs is to make textbooks more affordable for students and parents while preventing useful books from ending up in landfill.

ge four exts ss more ents

"We wish to

make education more affordable, accessible and sustainable by reducing textbook costs, donating to charity and enabling environmentally friendly reuse of textbooks," said Jeffrey. "We see it as a positive thing for the community."

Sellers need to load up a photograph of the books they are selling. Jeffrey says unlike other platforms, Textbooks2U offers buyer protection and will only release the payment to the seller when the buyer has the purchase and is satisfied.

JEFFREY CHEN has set up a textbook exchange platform

While Textbooks2U offers mainly textbooks for sale, for primary, secondary and tertiary students it also has an option for students to sell their notes.

He said selecting The Australian Literacy and Numeracy Foundation as their partner charity was easy because it aligned with their aims.

ALNF helps young people in Australia's most marginalised communities to gain vital language, literacy and communication skills.

To find out more about Textbooks2U visit the website https://www.textbooks2u.com.au

G We're not down-sizing, we're up-living.



Park Meadows





Create a life that suits your style at Park Meadows.

Enjoy retirement your way with a stylish apartment in a friendly community. Choose your own comfort zone with premium 1, 2 and 3 bedroom apartments at the forefront of retirement living design. Conveniently located right opposite Parramatta Park, the village boasts an excellent range of onsite amenities. You might come for the ideal home, but you'll stay for the ideal lifestyle.

Enquire today. call **1800 864 846** or visit **uniting.org/parkmeadows**

8 Hills to Hawkesbury Community News | 08 October 2021

Read online: www.hillstohawkesbury.com.au

CUMBERLAND STATE FOREST

Hills Shire Mayor Michelle Byrne is continuing her campaign to have Cumberland Forest at West Pennant Hills reclassified as a National Park to provide more protection for the much-loved area which spans 40 hectares off Castle Hill Road.

Her calls follow the State Government appointed Hills Planning Panel's decision to allow the demolition of the adjacent IBM building in Coonara Ave which included the removal of 1,253 trees. (Hills to Hawkesbury, September 24)

"The Cumberland State Forest is home to some of the country's most valuable flora and fauna species, and we want to protect that," she said.

"Reclassifying the State Forest into a National Park will mean we can strengthen its protection and ensure it can continue to provide a much-needed place where people can enjoy the great outdoors and nature, as well as play a key role in looking after the area's remaining biodiversity. "

She congratulated the State Government on its decision to expand its National Park network after it announced a 500 hectare site at Shanes Park, located between Penrith and Windsor, would become the State's newest National Park.

"As Sydney continues to grow, we need to protect our green spaces, such as Shanes Park. This allows for important conservation efforts to be carried out and a place where our native wildlife can survive and thrive," she said.

"I believe Cumberland State Forest deserves the same classification and protection as Shanes Park. I'm hopeful and with the support of our local Baulkham Hills MP, David Elliott and the Minister for Energy and Environment, Matt Kean MP - that we can make this happen," she said.

MMUNITY

NEW

"The COVID-19 pandemic is also highlighting how important these spaces are, especially for our physical and mental wellbeing.".

The Cumberland State Forest is Australia's only metropolitan state forest and is home to an array of fauna, flora and ecological communities.

BREAKING THE Myths around Retirement living.

For some a retirement village offers the perfect blend of security, community and low-maintenance living. However, there's a few common myths about village life that we're here to clear up.

A retirement village is for old people.

Retirement villages offer the independence of living in your own lowmaintenance apartment or villa, in a welcoming community. You maintain your own autonomy while reaping the benefits of village life through its social community.

I'll lose my independence.

For many a retirement village offers a safe and secure environment that gives them more time to enjoy hobbies or the company of friends. Moving to a village means eliminating the worry of maintaining a large house and garden, whilst still enjoying the privacy of your own home.

Retirement villages aren't good value for money.

Retirement villages are an affordable way to downsize from the family home and free up equity. Before moving in, we'll calculate the exact amount you can expect to pay before, during and after your stay. There'll be no unexpected fees or charges.

If you're interested in retirement village living and think it's the next step in your journey, contact the friendly team at Uniting to discuss if there is a retirement village near you. Call **1800 864 846** or visit *uniting.org/villages*.

AUSSIE HAS Opportunities for you

Coming out of lockdown, the economy is set to boom! One Hills based company is on a huge recruitment drive to build staff levels. Australian Pump is keen to hire energetic locals looking for a rewarding career.

"At Aussie Pumps, we're seeing a surge in demand for our quality products, especially now we are in the fire danger season," said Aussie's Sales Manager Brad Farrugia. "We're looking to recruit individuals who want to build a career in a dynamic industry that is vital to the development of Australia."

A number of opportunities are available, including Junior Admin, Sales Cadets, Secretaries,(full time and casual) Product Managers and warehouse staff. The company is keen to hear from enthusiastic, self-motivated Hills residents looking for a rewarding career.

Further information on employment opportunities available check the careers section of the Aussie Pumps website *aussiepumps.com.au/careers/* or contact Linda-Sue Karkowski on 8865 3500.



THE LAST "MEAT" AND GREET

After over 37 years working as a butcher with Coles supermarkets, STEVEN HARKER will work his last shift at the Winston Hills store today (October 8th).

Steven was meat manager at the Winston Hills Coles when the store first opened its doors in December 1998 and has greeted thousands of customers during that time.

"Some (would) even come and say hello, even if they weren't buying meat", he said.

He grew up in Castle Hill, went to Baulkham Hills High, and was 16 when he started his first job at Castle Hill Coles in June 1985.

After six months of working as a junior retail assistant in the grocery department, he was asked if he would consider doing a butchers apprenticeship through Coles.

He decided getting a trade was a great way to get qualified and took the opportunity, doing his faull apprenticeship at the North Rocks store between 1986 and 1989.

Steven took over as a meat manager in 1988 and those days he and his team of up to six staff would work in an enclosed room with a viewing window for customers to see through.

"In those times, meat was being cut in all stores and there was a lot more physical lifting and cleaning to be done," he said. With very early starts and many long days, he would come home exhausted but always happy to see his family. He worked at several Coles stores until he started work at the newly opened Winston Hills store on December 14, 1998. He says his best memories are of the staff and the amazing staff socials during the years.

"Thirty-seven years has been more than half of my life," he said. "Coles is where I made a lot of my friends. I will miss the interaction that left me with some really good memories."

He says the biggest changes he has faced have been from cutting the meat in the store to pre-package meat in 2002 and the staff cuts.

He loves reading about horse racing history, loves sport on TV (he enjoyed cheering on the Panthers to their win in the NRL Grandfinal) and can't wait to get back to watching his kids play sport again.

While he plans to take some time off after Friday, and enjoy a more leisurely start to the day, he will also be looking for work.

Meanwhile, he plans to spend more time with his wife Bernice, their six children (aged between 34 and 15) and two granddaughters, Kyra (9) and Tianna (6).

The man they call "PoppyHotDog" has a lot of BBQs planned after October 11 and will be back in his beloved caravan soon.

"I can't wait to get the caravan back up to Coffs Harbour at Christmas time and enjoy life," he said.



NEW LOCKDOWN COURSE WITH TAFE

TAFE NSW has launched a new Lockdown Learning course in risk management and WHS, giving jobseekers the chance to upskill or kick-start a new career.

More than 20,000 people have already enrolled in 25 fee-free Lockdown Learning courses, with almost 10,000 people studying with TAFE NSW for the first time. TAFE NSW Managing Director Steffen Faurby said the new Statement of Attainment in Risk Management and WHS is open to 100 people and will provide essential skills to support businesses as NSW begins to reopen.

"TAFE NSW is proud to offer customised training to help our businesses, our communities, and our economy to bounce back from this pandemic," Mr Faurby said.

"We know there will be a need for these skills as COVID-19 restrictions ease and businesses begin to resume or increase their operations. Our Statement of Attainment in Risk Management and WHS is particularly pertinent with our increased focus on managing health and safety, adding value for all sectors of industry."

Mr Faurby said across NSW, more than 120,000 people have enrolled in TAFE NSW short courses since they were first introduced in April 2020 as a response to the COVID-19 pandemic.

"Our suite of free online and virtual courses has assisted thousands of people to use their time in lockdown wisely and upskill themselves or their staff, enhance their job prospects, or begin retraining for a new career," Mr Faurby said. "We have a long and proud history of training the state's workforce and now more than ever, it is vital to provide the skills people need to get back to work and drive the return of business and industry."

For more information about studying at TAFE NSW, visit www.tafensw.edu.au or phone 131 601.



A Retirement lifestyle that adapts to you

In the heart of the Hills, surrounded by award winning gardens, Aminya Village is a vibrant community for over 55s where you can live as independently as you wish, with the benefit of help and support as your needs change.

Enjoy access to a range of community events and facilities perfect for an active retirement including the Terrace Café, bowling green, hair salon, library, billiard room and workshed.

We take care of the little things like mowing and maintenance, while our BaptistCare At Home team can assist with washing, cooking and cleaning right through to personal care should you ever need extra help.

Hurry, just a limited number of fully refurbished 2 bedroom units available from just **\$550,000**. Call **(02) 8896 3905** and book your tour today.

6 Goolgung Avenue, Baulkham Hills
₹ (02) 8896 3905
▲ baptistcare.org.au/Aminya Village



BUYERS LOOKING FOR ACREAGE LIVING

Glenhaven's semi-rural fringe is in demand with a 2.06ha lifestyle estate selling for \$4.726m at auction through Lumby Hampson.

The luxury six-bedroom residence at 164 Glenhaven Rd (*pictured*) had been in the one family for 31 years. The sale is the third highest price paid in the suburb this year and follows the sale of 9 Glenhaven Rd which achieved the top result of \$5.415m - also sold by Lumby Hampson - back in July.

"This was a fantastic auction early on in what we expect will be a busy spring market as lockdown ends," said agent Will Hampson. Buyers are looking for lifestyle and development potential and this was an exceptional opportunity to purchase a premium location within five minutes to everything.

"It was beautifully renovated throughout with new kitchen and bathrooms – the owners had even changed every light fitting and power point. It also included in-law accommodation and a massive shed with mezzanine level – both of which are huge drawcards for buyers."

It is one of a number of tightly held estates in The Hills District being sold after decades of ownership.



At Dural, an early offer of \$6.3m was too tempting for vendors looking to sell their acreage after 54 years. The 4.18ha estate known as 'Camas', at 465 Galston Rd, (*pictured*) was sold the evening before it was scheduled to go under the hammer through Lumby Hampson.

Lumby Hampson

Another estate at 966 Old Northern Rd, Glenorie, was farewelled by its owners after 34 years. The property, located just a block away from the local shopping village, sold for \$3.75m. Also at Glenorie, a beautiful homestead at 4 Melton Rd fetched \$3.725m at auction with its owners selling after 32 years.

"We are seeing a changing of the guard at

the moment with many acreages selling after a long tenure," Mr Hampson said. "The market is very strong - so vendors wanting to downsize are realising that now it is a good time to make that transition."

This October marks the five year anniversary since Lumby Hampson rebranded. A family owned and operated business, it started in the Hills District 55 years ago previously under the name Lumby Real Estate. The agency is still located at its original office at 38 Windsor Rd, Kellyville (*pictured*).

For further information call Will Hampson on 0414 620 333 and Kate Lumby on 0414 620 222.



NEW PLAYGROUND

The design for a new playground at Glenhaven Oval has been amended by Hills Shire Council after receiving submissions from the community.

Hills Shire Mayor, Dr Michelle Byrne thanked residents for their input throughout the design process saying there were now some new additions to original design.

"Extra rubber soft fall has been added, along with two picnic settings and rainbow chimes, to cater for children of all ages and abilities." Construction is due to commence towards the end of October, with weather and COVID-19 restrictions permitting. The playground includes:

- A crocodile themed multiplay area;
- Double bay swings with pod;

- A balance
- beam;An inclusive trampoline;
- A snake themed springer;
- A carousel.

This project is being funded under the Federal Government's Phase Two of the Local Roads and Community Infrastructure (LRCI) Program, which aims to support local councils to deliver essential infrastructure, while creating vital jobs and boosting the economy during the COVID-19 pandemic.

Federal Member for Berowra, Julian Leeser MP said he is delighted to see this project move to the next step. "The playground is going to be a wonderful place for children to play in Glenhaven.

Glenhaven Oval Reserve

Mayor Byrne said the playground will be enjoyed by children, families, residents and visitors to the area for many years to come.

Lumby Hampson Since 1968





















9651 2788 | lumbyhampson.com.au

Kate Lumby0414 620 222Will Hampson0414 620 333

Lumby Hampson Since 1968

"Let our family



look after your family"





Follow us on facebook.com/hillstohawkesbury

08 October 2021 | Hills to Hawkesbury Community News 15

The Hills Shire Council News

Australia Day Awards 2022

Do you know someone who has gone above and beyond for our community?

Nominations for The Hills Shire Council's 2022 Australia Day Awards are now open.

The 2022 Australia Day categories are:

- Citizen of the Year (25-65 years)
- Young Citizen of the Year (24 and under)
- Senior Citizen of the Year (over 65 years)
- · Community Group of the Year
- Environmental Citizen of the Year



To get started, visit **www.thehills.nsw.gov.au** and search '**Report it to Council.**'

Need some information on a development application?

To view development applications, visit Council's website and search for 'Development Applications Received and Determined.'

Nominees must be residents of Hills Shire Local Government Area and must have made a significant contribution for the benefit of the Hills Shire community within 2021.

Finalists of the 2022 awards will be announced in the lead-up to Australia Day 2022.

To submit a nomination, visit www.thehills.nsw.gov.au, search for 'Australia Day Awards 2022' and fill out the online application form.

Be Emergency Ready

The Hills Shire Council, in partnership with the Resilient Sydney program, is encouraging residents to prepare and stay safe for the upcoming storm and bushfire seasons by downloading the Get Prepared app.

The app helps residents connect with key support people, accomplish simple tasks to make loved ones safer, and makes the jobs of emergency services personnel easier by allowing households to be aware of and prepare for potential dangers.

Get Prepared is free and easy to use, and allows residents to:

- Establish a quick and easy network of support with three key contacts;
- · Review the risks relevant to where they live;
- Create checklists of actions to make an emergency plan; and
- Save the emergency plan as a PDF to be printed and shared with others.

Download the Get Prepared app, co-created by Australian Red Cross and general insurer IAG, today at https://getprepared.app.link/The_Hills_Council.



www.thehills.nsw.gov.au | 9843 0555



Crestwood Reserve waterways works are now complete

Waterways civil works being undertaken along Toongabbie Creek, within Crestwood Reserve, are now complete.

Works included rock scour protection and the installation of retaining walls, a refurbished weir and a bio-retention filtration system.

These improvements aim to reduce areas of erosion occurring along the creek line and to improve the overall water quality moving through the reserve. They will also help protect and preserve native species of flora and fauna that call the creek home.

Council Meetings

Due to the current NSW lockdown restrictions, Ordinary Meetings of Council will be broadcast live from Council's YouTube channel: https://www.youtube.com/user/TheHillsShireCouncil

To view Council meeting dates, visit www.thehills. nsw.gov.au and search for 'Meeting Calendar.'

Making a Submission to Council?

Any person may make a submission to Council. Submissions which obtain objections must be specific in their content. Council's preferred method of receiving submissions is via Council's website through each exhibition's online submission form. To view current exhibitions, search for 'Have Your Say.' The final stage of the Toongabbie Creek Revitalisation project will include the construction of two pedestrian bridges.

For more information about this project, visit www.thehills.nsw.gov.au and search for 'Crestwood Reserve Upgrades.'



Save the date

2021 NSW Local Government elections

Saturday 4 December

Voting is compulsory

elections.nsw.gov.au/lge21 1300 135 736

Visit www.thehills.nsw.gov.au to find out which ward you're in.

To register to vote, check your enrolment or to update your enrolment details, visit https://www.elections.nsw.gov.au



Are you enjoying The Hills Shire Council News? Scan the QR code to let us know.



BAND TUNES UP TO PLAY

The Settlers Band haven't been able to play at live gigs yet due to the COVID-19 but it hasn't stopped them rehearsing. Graham "Blackie" said their first live gig since the big C-Virus will be on the weekend of October 22 -14 at The Settlers Arms Inn at St. Albans.

"The Settlers Band" have been finding great spots to rehearse in readiness for the good times ahead when things start to get back to normal," he said. "We find a quiet table, and comply with the rules of the day. It's easy keeping our distance, using masks and keeping band members under 5. He and band members, Roger Sherack and Greg Frolich live near Gosford so have been able to rehearse in the Lockdown.

"Our other band members Martin Frohlich and Peter Schillert are peeved off as they live in Newcastle out of our COVID zone. Hopefully many other bands will pick up on the idea of rehearsing safely in parks in their area. The waterfront crowd loved our music—that is, the seagulls danced, the maggies and kookas warbled and the odd lizard kept an eye on security by patrolling the boundaries."

Over the last year the band has played one weekend a month at St. Albans. Gigs are Friday night and Saturday and Sunday over a beautiful lunch.

"Our last three big weekend gigs at St Albans were cancelled and we, and The Settlers Inn can't wait to get back to normal," he said.

AUTHOR ON ZOOM

Best-selling Australian author Judy Nunn will be chatting on Zoom on Monday, October 18th following her latest release, Show Time!



Judy Nunn's latest novel will take you from the cotton mills of England to the magnificent theatres of Melbourne, on a scintillating journey through the golden age of Australian show business.

2021 celebrates 30 years of Judy Nunn writing popular Australian

fiction and Hawkesbury Library Service is fortunate in being able to host this author talk for the community.

A morning with Judy Nunn will be held via Zoom, on Monday October 18th at 11am and will be followed with the opportunity for the audience to ask questions. Audience members are also welcome to dress up in show time glam! Prizes will be given to the best-dressed.

The event is free but bookings are essential via *hawkesburylibrary. eventbrite.com* or call Hawkesbury Library Service on **4560 4460**.



POULTRY

PROCESS/HANGERS

Immediate start, full time employment. Own Transport. Training Provided.

Casual Pay. Approx. **\$22-\$25 per hr.**

APPLY IN PERSON Driver Licence, Passport and Birth Certificate.

Summertime Chicken Pty Ltd 26-28 Crosssland Road, Galston 2159

GET YOUR CAMERA OUT!

The Hawkesbury River is set to become the focus of a major photographic competition.

The river's catchment spans 21,4000 sqm of land across 24 local government areas before flowing out to the Pacific Ocean. To celebrate this wonderful river, the NSW Government and six local councils are holding the "Our Hawkesbury River" photography competition.

The Our Hawkesbury River photography competition is a collaborative project with Hawkesbury, Hills Shire, Hornsby, Central Coast, Ku-ring-gai and Northern Beaches councils. Closing date for entries is Sunday, October 17th.

Hawkesbury City Mayor Patrick Conolly said the 450km Hawkesbury River, which winds its way from Goulburn to the Pacific Ocean via Wollondilly, Penrith and Windsor, is the lifeblood of Sydney.

"I cannot overstate the importance of the Hawkesbury River to our City and Greater Sydney, and how important it is for all levels of government to work in partnership to protect it," he said. "It is a critical supply of water for residents and farms and is a central focus of tourism and recreation in the Hawkesbury. It also holds a special place in the hearts and culture of our First Nations People."

Hills Shire Mayor Michelle Byrne said the photography competition was the first of a series of community-based activities that will be used to raise awareness of the Hawkesbury-Nepean Coastal Management Program (CMP).

"The Hawkesbury River stretches an extraordinary 470kms, ... It's home to some unique wildlife and plant species, and there are plenty of stunning spots along the River where you can take a great snap. My favourite place is at Wisemans Ferry Park where you can have a picnic and just sit back and enjoy those riverfront views."

"I love the Hawkesbury and I know our residents share similar sentiments, and this competition will allow us to further understand our relationship with the River," Mayor Byrne added.

Competition prizes include three NSW National Parks and Wildlife annual All-Parks Passes each worth \$190, and the competition closes on Sunday 17 October.

Enter the online competition by snapping your favourite picnic place, wildlife, landscape or activity at *hawkesburynepeancmp.org/engagement*.



MAGNIFICENT HYBRANGEAS By KAREN GODWIN | HORTICULTURIST

With the summer months approaching it's nice to add a splash of long lasting colour in the garden. Planting a hydrangea is a great choice, as they have stood the test of time for being easy to grow and care for.

They flower profusely given the correct position, and also make fantastic garden borders or spot fillers. Hydrangeas also provide a striking cut flower for several months of the year.

Whether you like shades of pink, reds, lavenders, blues or whites there is bound to be a hydrangea to suit you.

The most recognised species are the mophead types which have large round flowers in clusters or the lacecaps which have long, flat open blooms with small bud- like flowers in the centre.

When you take your hydrangea home, find a location in the garden which is in a semi-shaded position and avoid the afternoon sun. They prefer moist conditions and a bit of protection

from strong winds which may burn their leaves and flowers.

Plant in a well drained soil with some added compost and if planting in a pot, use a premium potting mix. Water in well and give the plant a deep watering twice a week and more often in warmer weather.

The addition of some slow release fertiliser will keep your hydrangea flowering, and a supplement of liquid fertiliser a few times during the growing season will ensure your hydrangea performs at its best.

Add mulch such as cow manure or sugar cane to protect their shallow root system from drying out. When it comes to colour, blue flowering hydrangeas require an acid soil. To maintain the blue colour it is recommended to use a good quality blueing tonic which not only acidifies the soil but is also rich in nitrogen and potassium for healthy green leaf growth and beautiful flowers.

Pink varieties require an alkaline soil so a supplement of lime will achieve this. As far as white hydrangeas are concerned, they are not affected by the soil pH and will usually remain white. Why not head down to Sydney's Plant Market and check out the huge array of hydrangeas.

There are far too many to mention and staff will be happy to help you when selecting your plant.

www.sydneyplantmarket.com.au



ADVERTORIAL

SUDDEN HEARING LOSS AND TINNITUS

Sudden onset hearing loss or sudden deafness is a rapid loss of hearing in one or both ears, or the hearing nerve.

This sudden loss in hearing occurs over a period of hours, up to three days. This causes a noticeable difference in the perception of most sounds, although, it occurs with varying severity for everyone. It is estimated that this phenomenon effects approximately 1 out of 5000 adults each year. This effects men and women equally and most commonly effects people aged 40 to 50 years old. The cause of this hearing loss is often diagnosed as idiopathic meaning it is "not sure why" this hearing loss has occurred and there is no known cause. This phenomenon can also cause a perception of a ringing or buzzing noise called tinnitus that you can hear but no one else can. The sudden hearing loss can also cause imbalance, dizziness, fullness in the ear, nausea, vomiting and anxiety. It is not surprising if you find it difficult to hear during this time, particularly in noisy places. If the hearing loss is only in one ear, this may cause you to feel disorientated, frustrated and overly fatigued from concentrating on sounds.

It is very common that people notice this problem when they wake up in the morning and notice their hearing is different to the day before. When this hearing loss occurs in one ear only, people may not notice until they put earphones in their ears and notice that one ear sounds duller than the other, even when the earphones are switched.

A hearing test needs to be completely immediately so that these accurate and comprehensive test results can be taken to your GP to prescribe the correct medication. The tests conducted are used to measure the hearing loss and assess if this is a sudden onset hearing loss. From here, often GPs will prescribe a high-dose course of steroids called prednisone and recommend that you take them for approximately 2 weeks. This phenomenon can cause a permanent hearing loss if treatment is not provided promptly. Many individuals do not seek immediate treatment and assume they are experiencing sensations such as allergies, earwax blockage or a sinus infection. If you or a loved one experiences a sudden reduction in your hearing, the first step is to make an appointment with a hearing healthcare professional immediately at a clinic like EAR STUDIO.



EAR STUDIO Passion for Hearing

HEARING CARE in CASTLE HILLL

- Free Hearing Assessments and Hearing Aids for Pensioners
- Balance and Dizziness Assessments
- Ear-Wax Removal
- Hearing Aid Services
- Independent and Locally Owned

CALL 02 9159 6122 TO ARRANGE YOUR APPOINTMENT!

Suite 9 / 60 Cecil Avenue, Lawton House, Castle Hill, NSW, 2154

www.earstudio.com.au

COMMUNITY NEWS

LUCKY IS ONE IN ONE THOUSAND

Lucky the 10-year-old ginger and white cat was really lucky when he was spotted for adoption on the Animal Welfare League website by Nicole Freely and picked up from Kellyville Pets this week.

When the COVID-19 restrictions forced the animal rescue charity to close the doors to the public in June this year Kellyville Pets came to the rescue. The pet store has been partnering with Animal Rescue League for many years to help rehome cats and this ramped up during Lockdown with several cats and kittens arriving each day at Kellyville from the animal rescue charity.

On Wednesday (October 6th) it was Lucky's day. It was a big day too for Kellyville Pets as Lucky became the 1,000th animal it has helped get adopted.

Since 2015 the Kellyville Pets New Life Rescue Program has worked with a number of rescue organisations, including GAP (Greyhounds As Pets) to host adoptions days for animals that need a second chance. The 1,000 pets who have been rehomed (although mostly cats) also includes dogs, reptiles and pythons.

To mark the occasion Kellyville Pets donated \$1000 to the Animal Welfare League and \$250 to two smaller animal rescue organisations. It also presented Nicole with a huge hamper to take home with Lucky.

Naomi Sinclair, Animal Welfare League's shelter manager at Kemps Creek said: "We have an invaluable partnership with Kellyville Pets

IF YOUR PET GETS BITTEN BY A SNAKE By FREYA CADE | AUSTRALIAN SNAKE CATCHERS

Pets are often bitten on the face, neck, chest and front legs and feet. Dogs generally bark at snakes and use their feet to investigate more. Short hair dogs are probably bitten more than long haired dogs. Australian venomous snakes only have small fangs.

SIGNS TO LOOK FOR

- Sudden weakness and your pet may collapse
- Check the above areas and/or your whole pet for localized swelling, bleeding and/or a bite mark. This are generally two small marks
- The bite site will be painful
- There could be muscle tremors, drooling and shaking
- They may also vomit and empty their bowel.
- Their pupils dilate and paralysis may onset quite quickly in some cases.

If you suspect your pet has been bitten but shows no signs at the time please take them to your nearest vet. Carry your pet to the car and into the clinic. The quicker treatment can start the greater the chance of survival.

PHOTO: These two fighting male red bellied black snakes were spotted by Brian McCombe while on his daily walk at Rouse Hill.

that allows us to rehome our beloved cats and kittens that are desperately in need of a home.

"Kellyville Pets have assisted AWL NSW during the COVID-19 Pandemic immensely by rehoming many kittens and cats whilst AWL NSW had limited rehoming resources."

She said Lucky arrived at the shelter in April requiring medical attention. The "sweet old street cat" spent six months receiving medical treatment from the veterinary team, including multiple extensive surgeries. "Lucky endeared himself to all staff with his loving temperament and courageous spirit," she said.

Nicole found Lucky on the Animal Welfare League's website after losing her own 19 1/2-year-old cat Ron a few months ago. He had been with the family since he was a kitten.

"It was just a spur of the moment thing," said Nicole. "I started scrolling through the Animal Welfare League's site and I saw Lucky's photo. I thought it would be hard to find him a home because he was 10 and had been through a lot. You can see he's been a street cat."

Nicole said as soon as she got Lucky home he made himself comfortable and sat next to her daughter purring.

Nicole Dimech from Kellyville Pets said:" It's been wonderful seeing these animals enjoying a second chance at life. The people who pick them up are very excited. It's very heartwarming."

To give a pet a second chance visit the Animal Welfare League at *www.awlnsw.com.au*.

Love at first sight. Nicole collects Lucky at Kellyville Pets.

BACK TO SCHOOL TIPS

To take some of the stress out of returning to school try this help list.

- Find school equipment and check uniforms and shoes still fit – your child may have grown. Give yourself enough time to organise replacements or a uniform alternative if needed.
- 2. Encourage your child to check their school timetable if needed, pack their school bag, and get their lunch box, drink bottle and uniform ready.
- 3. Plan ahead for making lunch boxes again. You can find some nutritious ideas at www. education.nsw.gov.au/parents-and-carers/ wellbeing/health-and-safety/nutrition-atschool and www.healthy-kids.com.au/ parents/.
- 4. Promote positive conversations. Let them know that school staff are looking forward to seeing them. If they feel nervous or worried, help them understand this is a normal reaction, and that you and their teachers are there to support them.
- 5. Remind your child that everyone at school is working hard to make sure that everyone is safe and that anyone who is unwell will stay home.

- 6. Look at the school website, Facebook page and newsletters to learn about new procedures that may have been introduced such as changes to parents' access to the school grounds, drop off and pick up points as well as new rules such as wearing face masks or hygiene rules.
- 7. Allow more time than usual on the first morning back to calmly get ready. Take your child to school if that will help build a greater sense of security. Alternatively, encourage your child to meet up with a friend before school and travel together.
- 8. Routines help provide certainty and increase feelings of security, so it will help to re-establish routines and plan for the return. After-school routines to review the day's learning and complete homework tasks will also be important.
- 9. Provide opportunities for your child to play and relax at the end of the day. Returning to school can be a big deal especially after lockdown.
- **10.** Remember your school is there to help contact them with any concerns or issues you might have.

And finally: visit *www.education.nsw.gov.au/covid-19/advice-for-families* for more hints, help and tips to make the transition back to school smooth sailing.

LOCAL POLITICS



HARDSHIP PANEL TO SUPPORT More Businesses

A new Hardship Review Panel has been established to consider financial support for businesses experiencing financial hardship that do not qualify for COVID-19 business support measures.

The Panel will assess on a **case-by-case basis** businesses which did not meet the eligibility requirements for the 2021 COVID-19 Business Grant, Micro-business Grant and JobSaver payments.

Businesses will be **back paid** to the fortnight where they can demonstrate the required decline in turnover with the Panel. For more information, visit *www.service.nsw.gov.au/transaction/apply-covid-19-business-support-hardship-review*.

NEW PREMIER'S LOCAL TIES from page 7

Dominic Perrottet's fist statement as NSW Premier

I am honoured that my colleagues have asked me to write that chapter as Premier and I thank them for the confidence that they've put in me.

The first thing I want to do today is to acknowledge my predecessor and pay tribute to her. Gladys Berejiklian, whose strong and steady leadership has seen us through so many difficult challenges. Everyone would agree that her hard work, tireless dedication and total commitment to her job was second to none. She's been an inspiring role model for many, especially women and migrant communities and that's just one of the reasons why I believe there has been such an outpouring of support over the last few days. It is my hope that I will continue the strong leadership that Gladys has shown throughout this pandemic.

Secondly, I'd like to congratulate and acknowledge Stuart Ayres who has been elected by the Liberal Party as my deputy. Stuart, as you all know, is a fighter for Western Sydney and that is where the heart of this government will be.

Thirdly to my wife, Helen, and my kids, without your love and support I would not be here today.

Being Premier is a great honour. But I want to be clear that the job I have committed to today is not just to lead New South Wales but to serve all the people of our state.

For the past 18 months together we've been battling a storm that is COVID-19. Some have

lost their lives. Many have lost their livelihoods. So many sacrifices big and small have been made by so many for so long. Not being able to leave our homes, not being able to go to work, not being able to visit our loved ones.

Parents having to work and balance home school at the same time. Many have missed weddings, many have missed funerals and the opportunity to say goodbye to their loved ones.

These sacrifices are never easy and I know for many they have taken a huge toll, physical, financial, and psychological.

In our regional communities as well this has come off the back of floods, bushfires and drought. You don't get to choose the times in which you live and this is one of the most challenging times that our people of our state have faced. But New South Wales has never shied away from the challenge and we will be rising to this one as well.

For long months we have fought the good fight. That has been helped by our quality of our health care and our strong economic and financial foundations that have kept people in jobs and businesses in business.

And now whilst there are still more challenging days to come, there is light at the end of the tunnel, thanks to the way that everyone across our state has responded.

We want New South Wales to bounce back stronger, safer and more successful than ever before. To get back to the life that we love and the freedoms that we hold dear.

COVID-19 Digital Certificate Do you have your COVID-19 vaccination certificate? You can get it from: Medicare **Express Plus** The Australian online account Medicare App Immunisation Register My Health Service NSW App Record COVID-19 Ø OVID-19 📿 JANE CITIZEN JANE CITIZEN DATE OF BIRTH 28 JUL 1975 If you're having problems accessing your certificate, call the Australian Immunisation Register on 1800 653 809 For more information, visit www.nsw.gov.au/covid-19/ vaccination/proof.

2022 NSW SENIORS FESTIVAL

Next year's **NSW Seniors Festival** is scheduled to include a mix of faceto-face and online entertainment and activities over 10 days from **25 March** to **3 April 2022**. This includes the **Premier's Gala Concerts**, which is scheduled to be held on **30 and 31 March 2022** at the Aware Super Theatre, ICC Sydney, alongside the NSW Seniors Festival Expo.

Information about ticket release dates will be announced on the NSW Seniors Festival website in the New Year.

As a former treasurer, I know that a strong society needs a strong economy and that's why our first priority will be to continue the plan that we've started. Keeping people safe, opening up the economy and securing our recovery.

Up until now all our Liberal premiers have been infrastructure premiers. Building the roads, the rail, the schools and the hospitals for communities right across our state and that will not change with me. But I'll also be a family Premier, focusing on how we can make life better for working families. Living the liberal values of opportunity, aspiration and hard work.

The true strength of New South Wales is its people. Our tradies, our working mums and dads, small business owners, community groups and frontline workers, our teachers, our nurses, our doctors, our paramedics, firies and police. Our state is a rich tapestry with a rich history from our proud First Nations people, to those who have come here from every corner of the globe. No matter who you are, where you come from or what you believe, it is the greatest privilege of my life to represent and serve every one of you.

I know how big the challenge ahead is for our state, but I love New South Wales and that is the passion that will fuel me and fuel my team. A stable united government is vital to getting on with the work that we've begun, so there'll be no cabinet reshuffle until we are through this challenge. Our team will bring the energy, the experience to get our state safely open again and then take it to the next level.

We live in the best state in the best country in the world and together we will make it even better.

LOCAL POLITICS

JULIAN LEESER MP Federal Member for Berowra

🔂 Level 11, 423 Pennant Hills Road, Pennant Hills NSW 2120

9980 1822 @ julian.leeser.mp@aph.gov.au
julianleeser.com.au f julianleeser.mp

As your MP, I am here to:

Assist with accessing federal government services

Authorised by Julian Leeser MP, Liberal Party of Australia, Level 11, 423 Pennant Hills Road, Pennant Hills NSW 212

- 🛏 Attend your local community event
 - Arrange congratulatory messages

Please contact my office if I can be of assistance.

JASON BROWN

I recently spoke in Parliament about the end of Australia's operations in Afghanistan and paid tribute to Trooper Jason Brown from our community who made the supreme sacrifice.

"Browny" was five when he decided he wanted to be a soldier. His dad Graham was a Vietnam veteran. Service runs in the family. James' sister Stephanie is an officer in the NSW Police Force.

Jason went to Oakhill College. He played 14 seasons for the Penno Stags Rugby League Club where he played centre and wing. He was a South Sydney Rabbitohs fan. He loved a cold Coopers Pale Ale on a hot day and his mum remembered that he was always smiling like the sun.

Jason always wanted to be a soldier and signed up to the army straight after school. He did three tours of East Timor in 2001 2003 and 2006. After his second tour to East Timor he decided he wanted to join Special Forces.

In 2007 Jason passed the gruelling SAS selection course. Jason was trained to fight on land, water and air and three years later was deployed to Afghanistan as part of Operation Slipper. On 13 August 2010, Jason was part of a five-man patrol that had been involved in a "disruption operation" in northern Kandahar province. At 6.30pm, as the Australians made towards a crossing point, the patrol came under heavy fire from a concealed weapon. Despite wearing a helmet and body armour, and the immediate assistance from his brave mates, Jason became the 18th Australian to make the supreme sacrifice in Afghanistan.

Two of his mates were subsequently decorated for gallantry: one received a Commendation for Distinguished Service the other received the Star of Gallantry, Australia's second highest award.

I honour the service of our forces and thank them for defending our values and being prepared to serve and put their lives on the line for the cause of freedom.

The Geographical Names Board is seeking community reconstructed. 'Weenay' was glossed as 'place of fire' or

The Geographical Names Board is seeking community feedback on a proposal by Professor Grace Karskens to name a creek in Cattai. The unnamed creek, connecting Wheeny Lagoon on the east with a series of unnamed lagoons/chain of ponds on the west near the Riverside Oaks Golf Course, is in The Hills Shire local government area.

Wiyingay is believed to be the name given as the name for the creek by Darug people to the Reverend John McGarvie in the late 1820s. McGarvie included the name in his 'List of Native Names for Places on the Hawkesbury River', spelling it as 'Weenay' when the list was published in 1829.

In 2018 McGarvie's List (held in the Mitchell Library, State Library) became the subject of an ongoing collaborative project, led by Professor Grace Karskens working with Darug researchers called, The Real Secret River Dyarubbin.

The 178 names on McGarvie's List were researched, relocated (where possible), glossed and phonetically

reconstructed. 'Weenay' was glossed as 'place of fire' or 'fire dreaming place' and phonetically reconstructed as 'Wiyingay'.

Chair of the Geographical Names Board Narelle Underwood said the board is encouraging community comment before it considers the proposal.

"Through place naming, communities have the opportunity to unlock past stories, preserve traditions, reawaken language and provide a sense of belonging and identity," Mrs Underwood said. "We want to make sure everyone has an opportunity to provide their feedback on the proposed name."

The closing date for submissions is November 8th 2021. Details of the proposal can be viewed, and submissions lodged on the Geographical Names Board's *www.gnb.nsw.gov.au.*

Alternatively, written submissions may be mailed to the Secretary, Geographical Names Board, 346 Panorama Ave, Bathurst, NSW 2795.



Home Care Beds, Rise Recliners, Mobility Scooters, Wheel Chairs, Walkers, Day Chairs, Toilet, Bathroom and Daily Living Aids. Registered Provider for My Aged Care, NDIS, DVA and Insur

WHEN YOUR NEW FUR BABY ARRIVES

You've got the new collar ready, your family has been thinking of a name for weeks, and the moment has finally arrived to pick up your new pet!

Fewer things are more exciting than inviting a new fur baby into the family. It's important to be prepared well before you bring your new pet home. From diet to exercise, vaccinations and deworming, there is a lot to know, and it can easily be overwhelming.

A visit to the vet can help you get everything sorted in one go.

Tips for your first visit.

Calling ahead to schedule an appointment will avoid long wait times and potential disappointment. With Christmas just around the corner, vets are already feeling the summer rush.

When you arrive, make sure the waiting room is clear of other patients which may upset your new companion, or vice versa! Don't forget to QR check-in and mask up - (pets exempt!).

The nurse will greet you and invite you to weigh-in. This is very important today, not just so that we can assess whether your pet is under or overweight, but also so we are prepared to calculate correct dosages of medications if required, and we can track your pet's growth over the coming months and years.

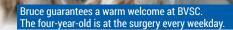
Once you're in the consult room your pet will undergo a clinical examination which involves checking their vital signs, palpating their limbs, abdomen and skin, assessing their teeth, eyes, lymph nodes (among many other things) and of course listening for any heart or lung abnormalities.

Expect to answer questions regarding the age of your pet, your planned diet and vaccination history. You'll be advised on nutrition, deworming, flea and tick management, heartworm prevention and future vaccination needs.

Now is the time to ask any questions you may have regarding behaviour, bathing, socialising and healthcare. Make sure you ask all the questions you can think of.

Your vet will discuss desexing your pet with you. Dogs and cats are usually recommended for desexing around 5-6 months of age, however this is breed dependent, and your vet will take a multitude of factors into account when providing their advice.

Your pet will receive their required vaccinations and you will receive a vaccination certificate or pet health record with their next due date. Make sure to note it in your calendar so it's not missed. This can also be a good time to make a note of worming and flea/tick/ heartworm prevention due dates. With the



offer of a treat, your first visit is done! Navigate safely through reception and ensure your pet is carefully and legally restrained for the trip home.

Puppy preschool is a great way to help dogs learn not only discipline and tricks, but also become socially adept. Unsocialised dogs often default to fear and aggression. With lockdown coming to an end, it will soon be time to take your new pets out and about.

Good luck and don't hesitate to get in touch with your vet to help you along the way, this is what we live for.

Vet Dr Graham is from BVSC South Windsor www.bvsc.sydney



ICE DREAM ON HOLD FOR VASQUEZ

Hills local and ice hockey star Jeremy Vasquez is back in Sydney after studying and playing in Canada and the US for several years.

Vasquez has been playing ice hockey since he was eight years old, after accompanying one of his Kings Langley primary schoolmates to a training session.

"I could not even skate, but someone was willing to teach me and that sparked my interest," he recalled. "I love challenges and I loved ice hockey from the first day."

Vasquez, who plays centre or left wing, turns out for Sydney Ice Dogs in the Australian Ice Hockey League, a semi-professional ice hockey league where his international experience and skills are invaluable. He has represented Australia at the junior level and the Under 20 mens, and was spotted by a Canadian scout during one of his junior international matches.

"My current hockey goal is to make the national men's ice hockey team which will compete in the IIHF World Championships in Croatia next April," the Stanhope Gardens local said. "The Australian ice hockey circuit includes two Sydney teams, a Newcastle team, two Melbourne teams and teams from Canberra, Perth and Adelaide. Unfortunately, this year's national championship was disrupted by COVID-19 and hopefully we can restart next April." When I first interviewed him, Vasquez was a teenager studying at Terra Sancta College (now St John Paul II) and he dreamt of turning professional and playing in the highly-lucrative and world standard North American leagues.

He left Sydney aged 13 to study and play at the Canadian International Hockey Academy in Ottawa where temperatures could dip to below 40°C.

"You get used to the cold though the first year was tough for me," Vasquez said. "The academy is all about ice hockey and not like

other schools where there are other sports. I kinda loved the school and the focus on ice hockey because I loved the sport. I then moved to Boston and played for the Wizards and Sea Hawks in the American Eastern Hockey League which is a stepping stone to the professional leagues. However, my plans changed when COVID-19 struck, and I literally managed to leave America on the last plane from Dallas to Sydney in March 2020. Yes, I am happy to be back as it's nice not having snow around!"

JEREMY VASQUEZ has represented Australia at junior and Under-20 levels.

SPORTS

For now, Vasquez has put his professional ice hockey dream on hold while he completes his double degree in applied finance and professional accounting at Macquarie University. "If the opportunity to play professionally comes up after I finish uni, I will definitely consider it," Vasquez said. "I am focusing on uni at the moment."

COVER: Australian representative Jeremy Vasquez turns out for Sydney Ice Dogs.

PLAYERS CAN'T WAIT FOR SEASON'S START BY LAWRENCE MACHADO

Community sports in the Hills and Hawkesbury, which have been in hibernation due to the extended COVID-19 lockdowns, could be up and running within days.

When the restrictions are lifted, gatherings of up to 20 people will be allowed for sport and exercise at outdoor venues, according to the Public Health Order (PHO). This includes players, coaches, support staff and spectators. It will enable community sport training activities that are compliant with PHO to take place. The government naturally expects a Covid-19 safety plan in place at these outdoor activities.

At the time of going to press, associations or local clubs were unable to confirm when training and competitions can start because they are waiting for the government greenlight. One of the main hurdles could be regarding the vaccination of players in representative and local competitions, though the under 16s are likely to be exempt from this rule.

Hawkesbury Cricket Club said while no dates have been confirmed regarding the delayed start of the 2021/22 season, they are looking forward to fielding five grade teams in addition to their regular junior squads. The club's ground at Benson Lane was severely impacted by the floods in March 2021, with waters reaching the second floor of the club house but club secretary Kevin Kwok said they hope to have it ready in time for the new season.

Penrith CC's championship-winning coach Michael Wholohan takes over the reins at Hawkesbury CC from this season, bringing with him a wealth of experience. The club was without a permanent coach last season. "We will have five grades but todate, we have had no training due to the lockdown," Kwok said. "We hope we can start training soon."

Cricket NSW CEO Lee Germon confirmed cricket will resume when the 80 per cent fully vaccinated milestone is reached. He said cricket registrations are now open. Competitions could start by November.

Football NSW is also hoping their summer football and futsal competitions can commence when the vaccination targets are reached in the state. Football NSW's Valentine Sports Park at Glenwood, Bella Vista Public School, Glenhaven's Holland Reserve and Caddies Creek Reserve at Kellyville will host their popular summer football competitions, according to a Football NSW spokesman. The association's main championships, including the National Premier League, are usually held during the winter months.



IT'S JUST A GAME

While Lockdown has seen children out and about and getting creative IVOR JONES remembers a time when adventure was found on every street and toys and board games ruled.

At about that same period my grandfather, who died shortly after, gave me a toy petrol tanker that I dearly loved. At around the age of 10 or 11 my parents gave me a Hornby Clockwork Railway for Christmas and my father also made me a toy farm in which he used a mirror as a duck pond.

Children have imagination and enjoy playing games and activities and through this their mind develops. Depending on the age, kids have enjoyed playing "peek-a-boo", hide and seek, Snakes and Ladders, Snap, Ludo, TiddlyWinks and Draughts, all fairly simple games.

As we grew older the games became more tactical and complex. We played Monopoly to see who can build up the greater range of property and cash reserves.

Can you recall games such as Twister, Totem Tennis or Slip and Slide back in the 1980s? They kept kids occupied during school holidays or on weekends.

Kids also like to imitate and play dress up, borrowing mum's high heels, lipstick etc. or perhaps they had a nurse's costume or cowboy outfit. Superman and Batman costumes were also popular. Party games such as pin the tail on the donkey, musical chairs, sack races, egg and spoon races and bob for an apple were common. When there was much less traffic you would often see boys and girls playing street cricket, riding homemade billy carts down the street or playing marbles along the gutters. Quoits or horse shoe throwing was also another activity that was played by children.

Remember wheelbarrow and threelegged races? Making a shanghai (catapult or slingshot), or if you are from the UK playing "conkers". You would also use knucklebones to play "Jacks", drop sticks from a bridge into a creek and play "Pooh Sticks" to see which one came out of the other side of the bridge first.

At the beach you would practice your engineering and architectural skills by building sandcastles. Perhaps you may have played "War Games" pretending to be a knight or perhaps a marine. In parks and playgrounds we once had monkey bars, see-saws and roundabouts (razzle dazzles) as well as swings and slides.

In the 1800s most toys were made of wood during the early 1900s tin was used for toy trains and cars. Dolls were mostly either cloth and later also came in porcelain.

From the mid-1900s many toys were made from moulded plastics. During the 1990s, and later, computer games replaced many of the old favourite pastimes, unfortunately and children are not as adventurous.



CRUMBS! OLD SCHOOL DAYS

We always get a great response to Ivor's columns and last issue's spread on biscuits: A cracker of an idea that really took the biscuit (HTH, September 24th) was no exception. Allan Gibson emailed to say: "Reading Ivor Jones'

illustrative piece took me back to the days of the old school yard, where, yes, we used to laugh a lot.

"Those were days my friends, we thought would never end and whilst there was the official school tuckshop with healthy sandwiches, outside the Gosford Primary School grounds in Georgiana Terrace was "Ma" Davies' van, permanently parked against the kerb offering all kinds of less than healthy confectionery et al, including Weston's Wagon Wheels.

"Meanwhile, Mum would do the weekly shopping at Mr Jackson's The Owl Store for all things grocery. Behind the counter on the top shelf was an array of Arnott's Biscuits tins where individual varieties of Sao, Wheatmeal, Butter Oak Cake etc. would be dispensed and packaged in brown paper bags and sold by weight.

"As kids growing up when things were "of the simple life", the primary school year ended with the annual School Frolic. In 1958 Mum or Dad wrote to Arnott's who supplied an array of stickers of famous parrot and various biscuits varieties along with a slash which had to be returned.

"All this finished up dressing this lad as a walking advertisement (photographed), which illustrates to this day there's no substitute for quality!"

Please email memories and photos to ivor.jones47@optusnet.com.au



N 1913 A HOSPITAL WAS ESTABLISHED at

Bexley, near Hurstville to repair dolls. It has

since closed but my wife once went there to

have a repair done to a doll and was told that

it was a very early doll (pictured) manufactured

I have been interested in all sorts of toys

At around the same time, I can remember badgering my father about a cut-out male doll

I spotted in a local toy store when we lived in

Bristol, UK, with cut out military uniforms that

I wanted. He ended up going to the shop after

hours and getting it for me.

and games from a young age. I can remember around the age of four or five being entranced

by a spinning top owned by my next door

in Germany.

neighbour.















National Library of Australia

COMMUNITY groups

2nd Castle Hill Rovers www.gwsrovers.com.au

- **Annangrove Environment Centre**
- € 02 9654 3571 (Thurs) | 02 9843 0533 (Wed-Fri)
 gnolan@thehills.nsw.gov.au

Arcadian Quilters

Meet in Galston Community Health Centre 1st and 3rd Wednesday mornings, evening group 2nd and 4th Mondays. New members welcome Carole | 9894 7749 1

- Castle Hill Art Society *i* Castle Hill Art Society offers a place of art practice for artists of all ages, either in groups of various art media or classes for adults and children. Demonstrations and workshops by well-know artists are held monthly and members can participate in several embers always welcome.
 9899 3179 (ans. machine)
 www.castlehillartsociety.org.au.

Castle Hill Senior Citizens Club Inc.

- Club members invite anyone over 55 to come and meet a very active and friendly group of Sanisation and the second friendly group of Seniors who play Carpet Bowls, Cards and Rummikub The Club building is on the corner of McMullen Ave. and Old Northern Rd., Castle Hill (opposite the new Metro station) with parking at the rear t. 9680 3958
- castlehillseniors@gmail.com
- **Combined Probus Club of Cherrybrook**
- We are a mixed gender club and have an active membership of over 170 retirees and semi retirees. Our meetings are held on the first Thursday of each month at the Cherrybrook Community and Cultural Centre. Ross | 0411 104 863
- rossfitzpatrick@icloud.com
 www.probussouthpacific.org/ microsites/cherrybrook/Welcome

- **Cumberland Bird Observers Club** *i* The Club conducts three outings a month to observe birds in their natural environment. General meetings are held at Castle Hill on the 3rd Tuesday of the month. New members are always welcome. Peter 0.412 770 757 or Cathy 9809 5668
- www.cboc.org.au

CWA of NSW - Galston Branch

- i Monthly meetings are held on the second Wednesday of each month from 10am at the Galston Health & Resource Centre. Jann | 0439 222 217

CWA of NSW - Castle Hill Branch

- Holds its monthly meeting every second Tuesday at the CWA Hall 2 Annangrove Road, Kenthurst (off Angus Road) from 10am. We also hold our Craft mornings for members on 1st and 3rd Tuesdays of the month from 10 to 12.
- Maureen | 0411 724 925

Dural and District Prostate Cancer Support Group *i* Meets on the 3rd Monday of the

- month at the Blue Gum Centre, ARV Glenhaven Green, 599-607 Old Northern Rd, Glenhaven. For details of future meetings call
- Lenis | 9629 2645 or Maurice | 9654 2138 Dural Country Club Bowls 04 2131 5074

Dural Men's Shed 6 04 0247 8498

28

- www.duralmensshed.org
- East Kurrajong School of Arts
- sist Kurrajong School of Arts First Tuesday each month 10am to 1pm. Bring along any sort of craft activity you're interested in, bring pencil's or brushes to practice your drawing or painting with Ruth, browse the library for a book to read or simply just relax, have a cuppa and enjoy a chat from 10am to 1pm. Gold con donation for morning tea coin donation for morning tea.
 Ann | 02 4576 5031

Hills to Hawkesbury Community News | 08 October 2021

Galston VIEW Club

- Raises money for The Smith Family "Learning for Life" program. New
- members are always welcome. Merle 9634 2378 | 0412 110 698 **Girl Guides Australia**

- There are great programs for girls aged 6 to 18. They meet once a week in groups relevant to their age groups which are run by trained Leaders and Unit Helpers. There are several Girl Guide Groups meeting in the area. To find out more about the best time and
- day for your daughter Margo 0417 657 433.
- **Glenhaven Probus Club Inc**
- Meets 10 am on 2nd Tuesday of each month at Castle Hill Bowling Club.
- secretary.glenhaven.probus@gmail.com **Glenwood Men's Shed**
- James | 04 0333 8450
- Hawkesbury Artists & Artisans Trail 02 4567 7400
- Leanne@mellowcrest.com
- www.haat.com.au
- Hawkesbury District Agricultural Assn 4577 3591 (BH) www.hawkesbúryshow.com.au

Hawkesbury Nepean Chapter

- of the First Fleeters Meets on 2nd Saturday of each month. Pamela Hempel | 0407 660 579
- www.fffhnc.com

Hawkesbury Woodcraft Cooperative Ltd 4721 8709

- Hills District Women's Bowling Club Jenner Street, Baulkham Hills 9639 2733
- www.thehillswomensbowls.com.au

Hills Older Men's Network INC

- The Hills Older Men's Network Inc (Hills OMNI) meets fortnightly on the first and third Mondays of the month, 10am to 12.30pm at Castle Hill. The group is aimed at retired men over the age of 55 and provides an opportunity to chat in a non-judgemental, safe and supportive environment.
- L Ron | 0424 462 153
- HillsOMI1@gmail.com

Hills Toastmasters

- Meets every second Tuesday, 7pm Restore Church: 47 Britannia Rd, Castle Hill. New members welcomed
- Terry | 0488 089 951 Hills/Toongabbie Music Club

i

- Meets 2nd and 4th Fridays 7.30pm Northmead Scouts Hall 17 Whitehaven Northmead. Beginners to professionals all welcome
- 1 Allen | 0439 831 531
- allendavisguitar@gmail.com Ladies Probus Club of Baulkham Hills
- Meetings 10am, 2nd Wednesday of the month. At The Fiddler, Windsor
- Road and Commercial Road, Rouse Hill. New Members welcome
- Suzanne Dennis | 0412 424 593 1 Iadiesprobusbh@gmail.com

Learning in the Hills

To find out more about the huge range of courses available call 9639 7918 i www.hca.org.au/learning-in-the-hills/

Lions Club of Richmond Inc. Geoff | 0412 969 651

Lions Club of Windsor Inc Pam | 0413 395 145

Macquarie Towns Garden Club

- Meetings are on the 1st Thursday of the month, Tebbutt Room at Hawkesbury Library at 2 pm. macquarietownsgardenclub.
- wordpress.com

- National Seniors Australia (Hills Branch) *i* Meets on the first Thursday of each month at Muirfield Golf Club, 58 Barclay Road, North Rocks. 9.30am for 10am. The group has day outings, short tours and interesting speakers. This very friendly group welcomes visitors.
- maybruce@bigpond.com

North Rocks Evening VIEW Club *i* Muirfield Golf Club,58 Barclay Rd, North

Sleep Disorders Australia - NSW © 02 9990 3514

Soroptimist International The Hills *i* Meets on the 3rd Monday of the Month

at Crestwood Community Centre

Baulkham Hills 6.30pm for a 7pm

for women that has been promoting advocacy and action for 100 years. Cathy | 0435 837 118 sithehills@siwp.org

The Hills Community Aid and

RSVP | info@thehillslc.com.au.

facebook.com/thehillslearningcentre

The Hills District Pipe Band *i* Practices in the Harvey Lowe Pavilion

Practices in the Harvey Lowe Pavili at Castle Hill Showground every Tuesday night from 7.30pm-9pm. The band warmly welcomes new members and gig enquiries. Instagram: @hillsdistrictpipeband
 Suzie Whitaker
 suz801@live.com.au
 www.hillsdistrictpipeband.com

The Inner Wheel Club of Baulkham Hills

Bella Vista on the 4th Monday of each

month at 6.00pm (dinner optional), for

ciation of Independent Retirees

Meeting on Friday, at Beecroft Presbyterian Church Hall, Welham Street Beecroft. Meeting commences

at 10.45am. The future topics will be Health, Centrelink, Retirement,

Thursday Ladies Tennis Competition in the Hills District

Outdoor Club
 Meet every second Tuesday in the month at Crestwood Community

0452 465 906
 www.bushwalkingnsw.org.au/ wandererWindsor Probus Club

fishing. Les Mison | 0421 821 1990.

Windsor Probus Club

Centre, Drive, Baulkham Hills at 8 pm

Windsor RSL Fishing Club *i* Meets on the last Tuesday of the month at Windsor RSL club at 6:30pm. The club has been established for over

40 years and welcomes new members.

It holds regular fishing outings including in land water and deep sea

Meets at 10am on the 1st Wednesday

members always welcome. Membership Officer Alan | 0407721461

Meeting Tues and Sat 9am - 5pm Alan Hunt | 4566 4626 or 0428 784 425

of each month at Windsor Golf Club,

McQuade Ave, South Windsor. New

or Secretary Ann | 0414298945

Adrian Acheson | 0448 833 781

YMCA NSW Community Visitors Scheme 9633 8209 or 0402 255 193

Winston Hills Joey Scouts

🛯 hsara@optusnet.com.au

Wisemans Ferry Community

Zonta Club of Sydney Hills 0414 641 408

www.zontadistrict24.org

Read online: www.hillstohawkesbury.com.au

9862 8482

Men's Shed Inc

Technology Safety and others. Lauris Rennie | 9634 1186 or Pam | 0412 737 234

airsydneyhills@gmail.com

Wanderers Bushwalking and

hillsladiestennis.org

Meets at Aveo Retirement Village,

The Hills Trefoil Guild

Robyn | 9639 2742

The Sydney Hills Branch of the

Leaine | 0417 330 196

Information Service Inc

The Hills Learning Centre

The Hills Shire Garden Club

\$ 9639 8620

\$ 9624 5034

02 8850 0555

start. Visitors are always welcome. Soroptimists International The Hills is the local branch of a world-wide organisation

www.sleepoz.org.au

 \sim

Rocks. Visit view.org.au Toni | 9871 1926 or 0411 693 076, or Margaret on 9872 1405

North Richmond Probus Club

- Our meetings are on the 2nd Wednesday of the month at 10.30am at Panthers, North Richmond, Beaumont Rd, N. Richmond.
- 1 Joan Bruce | 0404 290 484

northrichmondprobus@gmail.com

- Norwest Sunrise Rotary Club i We are a breakfast Club and meet every Friday morning at 7.15am. The Rotary Motto is Service Above Self. If you want to meet like-minded people please join us. norwestrotary.org.au

Pennant Hills Mens Probus Club John | 9487 1385

- Pennant Hills Combined Probus Club
 Meets at Hotel Pennant Hills every third Monday of the month at 10am. New membérs and visitors welcome
- 1 Lorene | 0429 396594 Pennant Hills VIEW Club
- i Meets for lunch at 11am at Oatlands Golf Club on the second Tuesday of each month. Meetings include a 2 course meal followed by an interesting guest speaker. Visitors and new members are welcome

Margaret | 9873 2402

Pitt Town Probus Club i Meets at 10:00am on the 2nd Tuesday of the month at the Pitt Town and District Sports Club, 139 Old Pitt Town Rd Pitt Town. New members welcome. Denise Fairfax | 0435 447 414

moth at Muirfield Golf Club, Barclay Rd

North Rocks. New members welcome. Pam | 0417 667 067

Northmead Combined
 Meets at 10am at Toongabbie Sports Club, 12 Station St., Toongabbie, 2nd

secretary@winstonhillsnorthmead
 probusclub.com.au

Membership Officer | 0421 410 305

Probus Combined Kellyville Club *i* Meet 2nd Monday of the month at 10am. At The Glenhaven Community

New members welcome. Glenys | 0419 616 431 OR

Veronica | 0408 025 577

glenysiclarke@hotmail.com

RDA (NSW) Tall Timbers Centre

admin@rdanswtalltimbers.org.au

Red Cross - Castle Hill Branch *i* Meetings 2nd Friday of the month 10.15am to 11.45am at Wesley Uniting Church, 32.34 Showground Rd, Castle Uill Naw members dynamic whole me

Hill. New members always welcome. • 0419 431 084.

Richmond/Windsor VIEW Club Which Supports The Smith Family Learning for Life meet on 2nd Wednesday of

the month starting at 11.30 at The Richmond Club

L Christine Walshaw | 0416073483 Scouts Australia - Greater Western

www.greaterwestscouts.com.au

Richmond /Windsor VIEW Club

www.rdanswtalltimbers.org.au

Centre: 76 Glenhaven Road, Glenhaven.

Equine assisted programs, Speech Pathology, Occupational Therapy and Volunteering Opportunities. Located at Gables/Box Hill

Thursday of the month. New members

- Probus Club of Round Corner (Dural) Secretary, Julie PO Box 822, Round Corner 2158

Probus Club of the Hills Inc Ken | 02 96296459

pamelaloves66@gmail.com

Probus Club - Winston Hills

welcomé.

9679 1246

Sydney Region

9639 2488

1

Probus Club - Kellyville Castle Hill Mixed *i* Meets at 10am on 2nd Thursday of each

PUZZLE

WORD SEARCH

										-		
NEW \	/ORK	н	L	R	G	R	Е	Е	Ν	Ρ	0	I
ALBANY	MANHATTAN	D	Κ	L	Ε	R	I	Е	Μ	Ζ	Y	J
		Ν	0	Е	М	U	Е	S	Ν	0	Ρ	Α
BROOKLYN	MARBLE HILL	Α	ο	М	Α	Ζ	Q	v	М	S	G	Т
CENTRAL PARK	MIDTOWN	L	R	D	Ν	Α	L	S	I	Ν	Е	т
CHELSEA	MONTGOMERY	s	В	0	Н	0	Κ	В	Х	R	т	I
CHINATOWN	MURRAY HILL	Т	Κ	R	Α	Ρ	L	Α	R	т	Ν	Е
CONEY ISLAND	QUEENS	Y	Α	S	т	С	Н	I	Ν	Α	т	0
GREENPOINT	SOH0	Е	0	0	Т	U	R	Ζ	U	J	I	Ρ
HARLEM	STATEN ISLAND	Ν	Ρ	Н	Α	S	Α	L	В	Α	Ν	Y
		0	S	0	Ν	Т	Н	Е	В	R	0	Ν
HUDSON RIVER	THE BRONX	С	L	R	D	L	L	Т	н	Υ	Α	R
LITTLE ITALY	TRIBECA	R	L	I	Т	Т	L	Е	Ι	Т	Α	L

Υ Т

> R Ν W 0 Т D

н Α С Е В Т R

L

CODE WORD

Numbers in the grid (1-26) correspond to each of the letters of the alphabet from A-Z in some order. Solve the puzzle and fill in the letters in the key provided as you find them. Three letters are provided to give you a start.

				_		
1	2	°P	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
	22 H	23 N	24	25	26	

					_		_		_		
2	4	26		17	21	7	21	13	21	19	9
	15		3		25		3		14		23
12	14	21	19	9	21		3	21	1	4	18
	18		4		7		19		13		4
7	4	23	26		4	10	4	7	4	20	26
			9		21		22		23		17
16	21	23	18	21		11	4	26	20	4	19
	20		4		16		23				9
19	8	14	23	17	4		26	17	19	14	24
	13		20		21		9		4		21
19	9	24	9		3	19	8	5	4	19	24
	26		21		8		23		6		7
4	4	18	7	9	23	1		9	26	7	4

S	UD		KU	Fill	the gric every contai	l so tha row and ns the r	t every d every number:	column 3x3 box s 1 to 9
			4	2			3	1
1		6	9					
	4					8		
				5				4
	9						1	
5				6				
		4					2	
					1	5		8
7	6			8	3			

WORD SEARCH

Т

L

L

н I

L Е

S L

Е В

Μ Α

С Μ

R L

Μ

D U

н

М Т С т

U Ε н

т

0 Α R

D

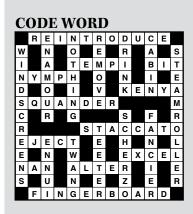
0 Ρ С

ν

Ν

7

	~	-	Ŧ		-	~	0	0				-	v	F
N	0			U	L	0	s	S		D		L	v	Е
G	D	U	Ρ	L	Т	С	Т	т	Y	х	Ν	R	Ρ	A
С	R	F	к	L	T	Ν	J	U	Ν	С	т	Т	0	Ν
0	т	Е	Y	N	G	N	R	0	Т	U	С	Е	Х	Ε
E	Q	L	Ν	ĸ	0	Ò	E	С	Ν	Е	D	Т	۷	Ε
R	М	0	0	м	s	(i)	0	Ŵ	R	N	L	т	ο	A
с	Е	Ν	м	Р	Т	Ŷ	T) D	0	E	P	s	х	Ρ
Т	J	Y	Т	L	Α	A	N	A	F	R	P	F	v	Р
o	U	в	L	Α	R	м	Y	1)	G	A	¢	E	x	Е
Ν	E	Т	Α	в	0	R	Ρ	0	A	(I)	(I)	S	A	L
Р	т	J	Т	0	ο	Т	в	Q	s	F	(T)	T)	E	Ŀ
Q	R	Т	В	Α	D	F	Α	Т	Т	H)	P	(I)	E	A
т	Ν	Α	D	Ν	Е	F	Е	D	Т	М	L	M	V	Ν
т	Q	Т	H	Α	R	Α	S	S	М	Е	Ν	T	0	Т
Q	Т	s	к	- E	N	0	Т	s	s	Е	F	Ν	0	C



SUDOKU

50	SUDUKU													
7	4	6	8	5	1	3	2	9						
1	2	9	4	7	3	6	5	8						
8	5	3	9	6	2	1	7	4						
9	3	1	7	8	4	5	6	2						
4	6	7	2	9	5	8	1	3						
5	8	2	3	1	6	4	9	7						
6	7	8	5	3	9	2	4	1						
2	9	5	1	4	8	7	3	6						
3	1	4	6	2	7	9	8	5						



SECURE YOUR MEMORIAL BY PREPAYING TODAY

A memorial is a place to commemorate a life, a place for coming generations to pay their respects. By planning and preparing you can reserve a special place just for you and your family, so you can always be together.

Extended till 31 December 2021, Castlebrook Memorial Park is offering a discount on new memorial purchases.

\$500 PER INDIVIDUAL PURCHASE* **SAVE**

Speak to our friendly team on 9629 1477 and mention the code SAVE2021 to save on your memorial.



Castlebrook Memorial Park CEMETERY & CREMATORIUM

*Terms and conditions apply. Visit castlebrook.com.au/save2021 for more information.

PUZZLES

FERGIES TREE WORKS



Please call Nathan & Lisa for all your spring garden needs

Free Quotes • Free Advice No Obligation • Fully Insured

0414 428 707

Look after your mental health during the COVID-19 (coronavirus) pandemic

If you're feeling overwhelmed, you can talk to a trained counsellor any time, any day by calling the Coronavirus Mental Wellbeing Line: 1800 512 348.

For a free telephone interpreter call 131 450 and say the language you need. You can then ask the nterpreter to connect you to the Coronavirus Mental Wellbeing Support Service.

If what you're going through is making it hard to get on with your daily life, contact your local General Practitioner (GP)

Adapted from Look after your Mental Health Australia, Mental Health Australia, March 2020

BUSH FIRE SURVIVAL PLAN

Take the time now to prepare and discuss your bush fire survival plan with your family.

You dramatically improve the chances of you and your home surviving a bush fire by doing a few simple things, such as cleaning out your gutters, trimming overhanging branches and completing a Bush Fire Survival Plan.

To find out more about the steps you can take to get ready, visit www.rfs. nsw.gov.au/plan-and-prepare/ bush-fire-survival-plan.

1		2			3	4	5		6	7
				8						
9							10			
11						12				
										13
14		15		16					17	
			-							
	18								19	
20										
21						22				
23								24		

Across

- 1. Military force
- 3. Small streams 9. Among
- 10. Legend
- 11. Cooling device

9

3

8

4

4

6

3

- 14. Large primate
- 16. Gold block



Down

4. Pub

- 17. Grassland 1. Relating to trees 2. Dominant theme
- 18. Productive insight 21. Sound
- 22. Central bolt
- 23. Moving at speed
- 24. Creative disciplines

1

3

8

3

6

7

6

8

2

- - every row and every 3x3 box

8

6

7

9

4

7

1

6. Entangle

8. Lawfully

7. Appear to be

Fill the grid so that every column, contains the numbers 1 to 9.

5. Uncomplimentary

7

2

4

4

6

8

1

- 12. Number after seven
- 13. Automata
- 15. Prior
- 19. Opposite of lower 20. Unit of linear measure
- 22. Relations

Answers from last issue

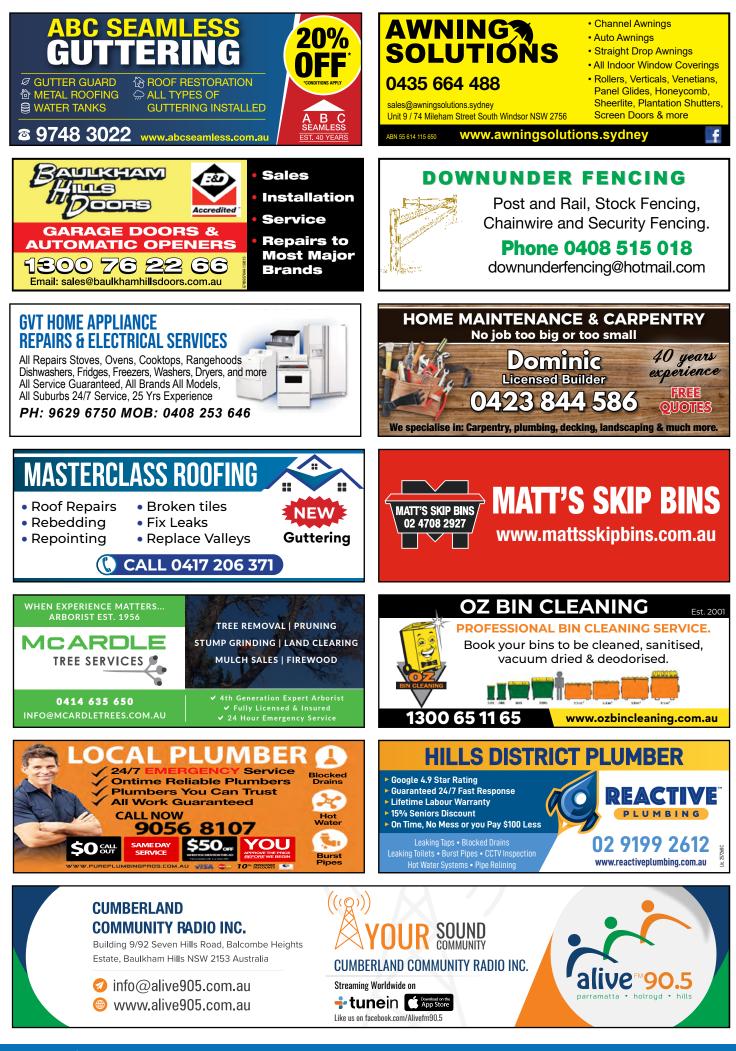
CROSSWORD



SUDOKU

5	6	1	7	3	9	2	8	4
9	3	4	2	6	8	1	5	7
7	2	8	4	5	1	9	3	6
8	7	6	1	9	3	5	4	2
4	1	5	6	8	2	7	9	3
3	9	2	5	4	7	6	1	8
1	5	7	3	2	4	8	6	9
6	8	3	9	7	5	4	2	1
2	4	9	8	1	6	3	7	5

TRADES, PROFESSIONALS & CLASSIFIED SUPPORT YOUR LOCAL BUSINESSES





Your Care Our Priority **PROVIDING HIGHEST QUALITY HOME CARE SERVICES**

WE DO HOME CARE DIFFERENTLY SO YOU LIVE WELL IN YOUR OWN HOME

Our Speciality

- ✓ Tailored Care Plan to Suit Individual Needs
- ✓ Personal Care
- 🗸 Domestic Assistance
- Transportation
- Social Support and Companionship
- 🗸 Respite Care
- Hourly/Daily Care/24-hour & Live-In Care

Why Choose Us?

- Quality & consistency of Care
- Highly Experienced, Trained and Reliable Care Workers
- No Basic Daily Fee and No Long-term contracts
- 🗸 Zero exit fees
- ✓ Dedicated Care Managers available 24/7
- V No other hidden costs

Call us today for a Free In-Home consultation to determine how we can best service you or your loved ones!

02 4789 0622 / 0421 331 327 17/458 High Street, Penrith 2750

SERVICING:

Penrith • Blue Mountains Richmond • Windsor Hawkesbury • Blacktown Westmead • Parramatta & surrounding suburbs

WWW.LIVEWELLHOMECARE.COM.AU